



# Psychological Safety

## Practice Playbook

### Preview:

## Education

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Iterum Ltd

### Psychological Safety Practice Add-on: Education.

#### Introduction

This is an Add-on to the Psychological Safety Action Pack, and is specifically focused on practices and tools to help educators working in all kinds of educational and training settings. Some of the practices are specific to working with students while others will be useful for working with colleagues and other educators.

In this Add-on, you'll find a template for a Classroom Contract template for setting expectations with a new group of students, an Introductory Letter Scaffold for an activity to help educators and students get to know one another, a Monitoring Learning Guide that you can modify to suit your setting, a KWL Grid to help boost psychological safety during learning activities, and a Feedback Template to help structure constructive feedback on more substantial pieces of work or assessment. Each practice is introduced along with why it might be useful, as well as some handy tips.

#### Contents:

1. Classroom Contract
2. Introductory Letter Scaffold
3. Monitoring Learning Guide
4. Know-Want-Learnt Grid
5. Feedback Template

For assistance, training, workshops or for further information about concepts introduced in this action pack or anything else, please get in touch: [tom@psychsafety.co.uk](mailto:tom@psychsafety.co.uk)

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### 1. Classroom Contract Template

#### **What is a Classroom Contract?**

A shared agreement outlining the expectations of behaviour for educators and students in a particular setting.

#### **Why should I create one?**

Help students to understand what is expected of them. It explains how they can help themselves and their classmates make the most of their learning opportunities in a psychologically safe and inclusive environment.

#### **Some tips:**

These work best when they are collaboratively created and written. Use the headings as discussion and idea prompts for the class before trying to write a 'final' version.

Adapt the questions and the approach to suit both the age and stage of the students and the context in which you are teaching.

Allow ways for those who don't like to speak up in class to contribute ideas, e.g. through real or virtual post-it notes.

Start with the 'why' to boost motivation - i.e. by asking students what kind of learning environment they want to experience.

Keep the idea prompts short and open, and don't use too many to start with - you can always add more later but 2-3 initial questions may already provide a lot of material.

Once you have lots of ideas, go through a process of prioritising and refining before writing up a more concise contract.

Don't worry about changing the contract later on. Agree with the class that you will revisit and revise the contract at a later date to see what you have missed and whether it is still working for everyone.

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### Classroom Contract

Name of class:		
Names of class members:		
Our ideal classroom for learning...		
Looks	Sounds	Feels
We keep everyone safe in class by...		
We want to be treated...		

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We show each other respect by...
We make sure everyone can learn to the best of their ability by...
We make learning enjoyable for everyone by...

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